

St. Matthews Lutheran Church

WHERE COMMUNITY GATHERS AND GROWS

June 30, 2024

Indigenous Peoples Sunday / Seven Sacred Teachings: Bravery

Sunday, June 30, 2024

(* indicates the assembly stands)

Gathering

Prelude

Words of Welcome & Service Announcements

Land Acknowledgement and Prayers in the Four Directions

*Hymn 513

"Listen God is Calling"

*Greeting

*Prayer of the Day

*Song (see page 4)

"Seven Sacred Teachings"

Word

First Reading

Lamentations 3:22-33

Psalm 30 (see page 4)

(read responsively)

Second Reading

2 Corinthians 8:7-15

*Gospel Acclamation

"Alleluia!"

p. 205

*Gospel Reading

Mark 5:21-43

Reflection & Art Walk

*Hymn of the Day 706

"The People Walk"

*Prayers of the People (see page 5)

*Peace

Meal

*Offering Hymn 885

"Praise God, from Whom All Blessings Flow"

*Offering Prayer

*Great Thanksgiving

p. 206

*Holy, Holy, Holy	p. 207
*Thanksgiving at the Table	
*Lord's Prayer (<i>Our Father, in heaven...</i>)	p. 208
Lamb of God	p. 208
Communion Hymn (see page 7)	<i>"Come, Let Us Bring"</i>
Table Blessing	
Prayer after Communion	
Sending	
General Announcements	
*Hymn 618	<i>"Guide Me Ever, Great Redeemer"</i>
*Dismissal	A: Thanks be to God.
Postlude	

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A woman finds healing by touching Jesus' cloak, and a girl is restored to life when he takes her by the hand. In both cases a boundary is crossed: in Jesus' time the hemorrhaging woman was considered ritually unclean, polluting others by her touch, and anyone who touched a corpse also became unclean. In Mark's gospel Jesus breaks down barriers, from his first meal at a tax collector's house to his last breath on the cross as the temple curtain is torn in two. We dare to touch Jesus in our "uncleanness" and to live as a community that defines no one as an outsider.

Seven Sacred Teachings



Cre - a - tor gives us sa - cred_ teach - ings:



1. Wis - dom a - lights from the east to keep us whole.
2. Love warms us all from the south to keep us whole.
3. Re - spect shines forth from the west to keep us whole.
4. Bra - ve - ry blows from the north to keep us whole.
5. Ho - ne - sty falls from a - bove to keep us whole.
6. Hu - mi - li - ty, from be - low to keep us whole.
7. Truth guides us all from with - in to keep us whole.

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Psalm 30

¹I will exalt you, O LORD, because you have lift-¹ed me up
and have not let my enemies triumph¹ over me.

²O LORD my God, I cried¹ out to you,
and you restored¹ me to health.

³You brought me up, O LORD,¹ from the dead;
you restored my life as I was going down¹ to the grave.

⁴Sing praise to the LORD,¹ all you faithful;
give thanks in ho-¹ly remembrance.

⁵God's wrath is short; God's favor¹ lasts a lifetime.
Weeping spends the night, but joy comes¹ in the morning.

⁶While I felt se-^l cure, I said,
“I shall never^l be disturbed.

⁷You, LORD, with your favor, made me as strong^l as the mountains.”
Then you hid your face, and I was^l filled with fear.

⁸I cried to^l you, O LORD;
I pleaded with^l my Lord, saying,

⁹“What profit is there in my blood, if I go down^l to the pit?
Will the dust praise you or de-^lclare your faithfulness?

¹⁰Hear, O LORD, and have mer-^lcy upon me;
O LORD,^l be my helper.”

¹¹You have turned my wailing^l into dancing;
you have put off my sackcloth and clothed^l me with joy.

¹²Therefore my heart sings to you^l without ceasing;
O LORD my God, I will give you^l thanks forever.

Prayers of the People

Liberating God, remind us to trust in you with our whole hearts and to not be afraid to take risks. Help us to be brave, like Mary and Sarah, stepping out of our comfort zones, knowing that we can always turn to You to guide us in all that we do. God of courage,

Help us to be brave like the bear.

Liberating God, inspire us to call out injustice and fight for righteousness in all circumstances. Put it on our hearts to speak out against hatred and evil and to work toward creating peace in our world knowing that even when the trials feel insurmountable, that You are with us. God of strength,

Help us to be brave like the bear.

Liberating God, you call us to share Your Good News and proclaim Your name. Help us to not worry what others will think or what they might say of us, but to boldly and bravely speak out for what we believe in. God of courage,

Help us to be brave like the bear.

Liberating God, help us to not be paralyzed by fear, but to know that you walk alongside us in all that we do. Help us to realize our capabilities and to not underestimate the power we have as individuals and together to make change in the world. God of strength,

Help us to be brave like the bear.

Liberating God, help us to not let perfection get in the way of progress and to risk making mistakes knowing that there is grace and forgiveness for us. God of courage,

Help us to be brave like the bear.

Liberating God, you became flesh so that our lives might become whole. When storms rage about us grant us the spirit of bravery that comes with the knowledge that we are not alone. Remind us that you are ever near and know us better than we know ourselves. On this day remembering National Indigenous People's Day, empower us to be the people we are: children of the living God who breathes strength, joy, hope, and reconciliation into us.

Amen

All Resources from the Eastern Synod Circle for Reconciliation and Justice <https://easternsynod.org/circle-for-reconciliation-and-justice/>

Come, let us bring the warm and fragrant bread

Capo 3: D
F

Acoustic Guitar 

1. Come, let us bring the warm and fra-grant bread,
2. Come, let us bring the sweet a - bun-dant wine,
3. Come, let us share God's love with - in each heart,
4. Rise, then, pro - claim God's love in word and deed,

5
D
F

A. Gtr. 

Come, let us bring the warm and fra - grant bread.
Come, let us bring the sweet a - bun - dant wine.
Come, let us share God's love with - in each heart.
Rise, then, pro - claim God's love in word and deed.

9
D
F

A. Gtr. 

Bro - ken here so all God's peo - ple might be fed,
In this cup we taste the joy of grace di - vine,
Join - ing hands, we strength-en each to do their part,
Serv - ing neigh-bours, reach - ing out to those in need,

13
D
F

A. Gtr. 

Bro - ken here so all God's peo - ple might be fed.
In this cup we taste the joy of grace di - vine.
Join - ing hands, we strength-en each to do their part.
Serv - ing neigh-bours, reach - ing out to those in need.

About the Seven Sacred Teachings

We seek to walk in a good way with our Indigenous neighbours. One thing we can do as faith communities is learn about Indigenous spiritual practices and honour them. Canada's Truth and Reconciliation Commission Call to Action # 60 asks us to do this work, individually and together.

“The teachings in Ojibwe (Anishinaabe) cultures have been traditionally passed down from generation to generation orally through stories and ceremonies. Historically, this was done by the elders who carry the stories and traditions. Today the oral traditions are being shared by those who carry the knowledge of such things. The teachings of all Indigenous cultures encompass the morals, values, structures, ceremonial practices, and spiritual beliefs of the group. These teachings also ensured the survival of the people. The teachings vary from nation to nation, because of the geographical placement of each particular group. However, the sacred teachings commonly come from the same root and share a similar message.”

Of all the North American Indigenous teachings, the Seven Sacred Teachings, also known as Seven Grandfather or Seven Grandmother Teachings, are the most commonly shared from coast to coast. Many Indigenous organizations and communities have adopted the seven guiding principles, in one form or another, as a moral stepping stone and cultural foundation. Each community has adapted the teachings to suit their community values. Despite where the teachings may have originated, they share the same concepts of abiding by a moral respect for all living things.

About the first teaching: Bravery (Bear)

Bravery is represented by the bear.

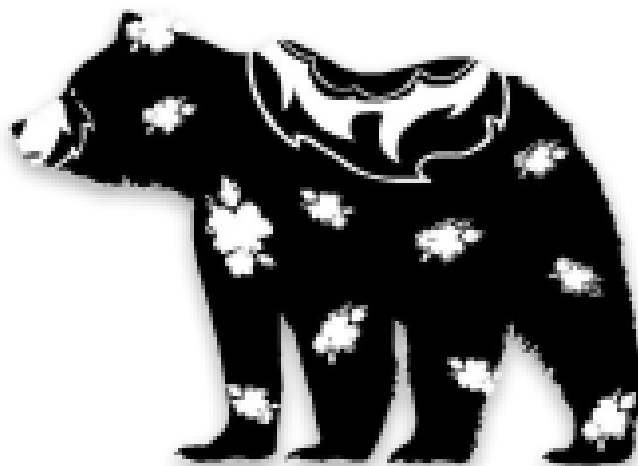
The mother bear has the courage and strength to face her fears and challenges while protecting her young. The bear also shows us how to live a balanced life with rest, survival and play.

To face life with courage is to know bravery.

Find your inner strength to face the difficulties of life and the courage to be yourself.
Defend what you believe in and what is right for your community, family, and self.

Make positive choices and have conviction in your decisions.

Face your fears to allow yourself to live your life.



All Resources from the Eastern Synod Circle for Reconciliation and Justice <https://easternsynod.org/circle-for-reconciliation-and-justice/>

Leading Worship Today

Minister: Rev. Carey Meadows-Helmer

Diaconal Minister of Music: Deacon Scott Knarr

Prayers in the Four Directions: Lana Moses

Lector: Ivan George

Communion Servers: Grace Schuster & Ivan George

Broadcast: Jason Smolak

Building Monitor: Ron Roeder (519-895-6833)

Worship Notes

In our prayers John McLellan, Judy, Clare, Yvonne, Jeanette, Meaghan, Henry, Grace, Maureen and John.

Important Information for today's worship

- **Offering:** Please place your offering in one of the offering plates in the Narthex (entranceway) upon entering. The offering plates will be presented at the High Altar during the service.
- **The Peace:** We support people's choices for passing of the peace.
- **Exiting:** At the end of the service, please remain in place until the end of the postlude.
- **Downstairs Washrooms** can be accessed via any of the staircases. There is one wheelchair accessible washroom, and the rest are all-gender washrooms. A further all-gender washroom is also available via the west stair tower door (front left of the Sanctuary) on the same level. Turn right at the hallway.

General Announcements

Town Hall Meeting - July 7, 2024

The next Town Hall meeting is scheduled for July 7th after Worship Service. Again, as a reminder, these regular Town Hall meetings are set up to keep our members updated and informed in a timely manner. Please note these are not Special Congregational Meetings and as such there will not be scribed meeting minutes. Please consider staying after worship in the Sanctuary on July 7th to participate in the Town Hall.

Many thanks from your Board of Directors and Staff.

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Church Fire Plan For everyone's awareness, a copy of the Church Fire Plan for safe exit from the Sanctuary appears in the back of the worship books. Please take a moment to review for your own safety. The AED and a first aid kit are in the hallway by the office.



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