

# Lent 1

*Unbroken*  
*A living faith*

March 9, 2025

# Lent 1

## “God Speaks to us through Scripture and Spirit”

Sunday, March 9, 2025

(\* indicates the assembly stands)

### Gathering

Prelude “Sarabande” F. Durell Clark

Words of Welcome & Service Announcements

\*Confession and Forgiveness (see page 4)

\*Hymn 320 “The Glory of These Forty Days”

\*Greeting

\*Kyrie p. 120

\*Prayer of the Day

Anthem “Be Not Afraid” F. Mendelssohn

Children’s Message

### Word

First Reading Deuteronomy 26:1-11

Psalms 91:1-2,9-16 (see page 5) (sung responsively by whole verse)

Second Reading Romans 10:8b-13

\*Gospel Acclamation “Let your steadfast love” p. 125

\*Gospel Reading Luke 4:1-13

Sermon

\*Hymn of the Day (see page 6) “When it Seems the Day Will End”

\*Prayers of Intercession **A: receive our prayer.**

\*Peace

## Meal

*Offering Hymn 186	<i>"Create in Me a Clean Heart"</i>	
*Offering Prayer		
*Great Thanksgiving		p. 129
*Holy, Holy, Holy		p. 130
*Thanksgiving at the Table		
*Lord's Prayer ( <i>Our Father in heaven...</i> )		p. 134
Lamb of God		p. 135
Communion Hymn 768	<i>"Lead Me, Guide Me"</i>	
Table Blessing		
Prayer after Communion		

## Sending

General Announcements		
*Blessing		
*Hymn 769	<i>"If You But Trust in God to Guide You"</i>	
*Dismissal		<b>A: Thanks be to God.</b>
Postlude	<i>"Cathedral Procession"</i>	F. Durell Clark

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**God speaks to us through Scripture and Spirit .** God Speaks to us through ancient stories, evocative poetry, fiery prophecy, and intimate correspondence. The Bible has been handed down some generation to generation, carefully translated and boldly interpreted, so that we might open it and hear good news. And God is still speaking, as we gather together to ponder these stories anew, encounter wisdom from traditions different from our own, or wrestle with a message preached into contemporary life.

## Confession and Forgiveness

P: Blessed...

Merciful God,

**A: you speak blessing and compassion into the world.**

**Forgive us for the ways we act  
with judgment, cruelty, or indifference.**

**We ignore the needs of our neighbors;  
we resist your call to oppose injustice;  
we give in to scarcity and fear;  
we assume the worst about one another.**

**Cleanse us from our faults  
and release us from their grasp.**

**Show us your lovingkindness.**

**Restore our hearts and repair your world,  
that we may live in Christ's ways.**

**Amen.**

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### Leading Worship Today

**Minister:** Pastor Sebastian Meadows-Helmer

**Assisting Minister:** Scott Kuschnereit

**Diaconal Minister of Music:** Deacon Scott Knarr

**Communion Server:** Lynda Karn

**Choral Scholars:** Nicole Hamilton, Hannah Swiderski, Caroline Schmidt, Sarah Hu-A-Kam, Yi Ye, Nick Maldonado, Drew Aarssen

**Broadcast:** Jamie Foley

**Building Monitor:** Don Robins (519-502-2099)

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Psalm 91:1-2,9-16

Tone 9



<sup>1</sup>You who dwell in the shelter of <sup>|</sup> the Most High,  
who abide in the shadow of <sup>|</sup> the Almighty—

<sup>2</sup>**you will say to the LORD, “My refuge <sup>|</sup> and my stronghold,  
my God in whom I <sup>|</sup> put my trust.”**

<sup>9</sup>Because you have made the <sup>|</sup> LORD your refuge,  
and the Most High your <sup>|</sup> habitation,

<sup>10</sup>**no evil <sup>|</sup> will befall you,  
nor shall affliction come <sup>|</sup> near your dwelling.**

<sup>11</sup>For God will give the angels charge <sup>|</sup> over you,  
to guard you in <sup>|</sup> all your ways.

<sup>12</sup>**Upon their hands they will <sup>|</sup> bear you up,  
lest you strike your foot a- <sup>|</sup> gainst a stone.**

<sup>13</sup>You will tread upon the lion <sup>|</sup> cub and viper;  
you will trample down the lion <sup>|</sup> and the serpent.

<sup>14</sup>**I will deliver those who <sup>|</sup> cling to me;  
I will uphold them, because they <sup>|</sup> know my name.**

<sup>15</sup>They will call me, and I will <sup>|</sup> answer them;  
I will be with them in trouble; I will rescue and <sup>|</sup> honor them.

<sup>16</sup>**With long life will I <sup>|</sup> satisfy them,  
and show them <sup>|</sup> my salvation.**

# When it Seems the Day Will End



1 When it seems the day will end, and all  
2 When it seems the day will end, sink - ing  
3 When it seems the day will end, and a



light gives way to fear, we will speak your name a -  
low un - der our skin, we are dead and born a -  
cold - ness fills our bones, we will walk the way you've



gain to re - mind us you are here.  
gain, and with you now en - ter in.  
been, and our hearts will be your home.

## *Refrain*



New life ris - ing, New life ris - ing, ash - es fall - ing, ash - es fall - ing,



joy and weep - ing, joy and weep - ing, in your call - ing. in your call - ing.

Text: Justin Rimbo, b. 1980

Music: HUMBLE WALK, Justin Rimbo

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## Worship Notes

In our prayers Kevin, Betty, George, Anneke, Judy, Clare, Yvonne, Jeanette, Meaghan, Henry, Maureen and John.

**All are welcome at the meal** where Jesus is present loving and forgiving us. For the wine, there is a common cup station and a pouring chalice station (please take an empty small glass). There is also a small tray of pre-poured grape juice glasses. Gluten-free wafers are also available; please indicate this request to the Pastor. If you would (also) like to receive a blessing, please approach the Pastor with your arms crossed over your chest. If you'd like to receive Communion in your pew, the pastor will come to you. Please let an usher or the pastor know before worship if possible.

**Music Note:** The Royal Canadian College of Organists has designated March 9, 2025 as "Women Composer's Sunday"; the Sunday closest to International Women's Day. This morning's organ voluntaries highlight the compositions of Florence Durell Clark (1891-1977), a Fellow of the Royal Canadian College of Organists, graduate of the University of Toronto and an active member of the Hamilton Centre of the RCCO.

### Important Information for today's worship

- **Offering:** Please place your offering in one of the offering plates in the Narthex (entranceway) upon entering. The offering plates will be presented at the High Altar during the service.
- **The Peace:** We support people's choices for passing of the peace.
- **Exiting:** At the end of the service, please remain in place until the end of the postlude.
- **Please join us for Fellowship Time** after worship in the Community Hall. Use any of the staircases (Narthex, west stair tower, parking lot tower) to go down.
- **Downstairs Washrooms** can be accessed via any of the staircases. There is one wheelchair accessible washroom, and the rest are all-gender washrooms. A further all-gender washroom is also available via the west stair tower door (front left of the Sanctuary) on the same level. Turn right at the hallway.

## General Announcements

**Pastors Carey and Sebastian** are taking a holiday week with their family for March Break. They will be gone from March 10-16. During this time, Pastor Heike Toeller from St. Luke's is on-call for pastoral emergencies. On March 16, Rev'd Dr. Allen Jorgenson will lead worship.

**Spiritual Discernment on the Election of a New National Bishop** - At the 2025 ELCIC National Convention, delegates will elect a new National Bishop. The ELCIC's National Church Council invites members into a discernment process leading up to the election. Further information about the discernment process is available on the ELCIC website. As of January 2025, a form is now available for individuals to complete when they are ready to formally identify someone they feel has the skills and gifts for the call to serve as national bishop. Supporting materials and the form are available on the 2025 ELCIC National Convention section of the ELCIC website. If you have questions about the process, please submit them via email to [discernment@elcic.ca](mailto:discernment@elcic.ca).

**Church Breakfast Group:** We meet next on Tuesday, March 18, 2025 at 9:00 a.m. at Kypreos Restaurant, 305 Lancaster St. W. Kitchener. Attendees order from the menu and pay for their own meals. Everyone is welcome. Unfortunately Father Toby Collins of St. Mary's Roman Catholic Church is unable to speak to us in March. The breakfast speaker will instead be a representative from the Ray of Hope and plans are underway to reschedule Father Toby. Stay tuned for further information!



### JOIN OUR MAILING LIST

Get the newsletter and email updates on upcoming church events, announcements, reminders and service changes.

Contact [info@stmattskw.com](mailto:info@stmattskw.com) today!

**Church Fire Plan** For everyone's awareness, a copy of the Church Fire Plan for safe exit from the Sanctuary appears in the back of the worship books. Please take a moment to review for your own safety. The AED and a first aid kit are in the hallway by the office.

# Revive Lent

EQUIPPING LAY LEADERS TO BE SPIRITUAL LEADERS

**TUESDAYS 1.30 PM - 3:00 PM**

MARCH 4: DISCOVERING YOUR SPIRITUAL STORY

MAR 18: TELLING YOUR SPIRITUAL STORY

MAR 25: WHAT IS PRAYER AND HOW DO WE PRAY?

APRIL 1: MAKING SPACE, AND PRAYING THE LECTIO  
AND VISIO DIVINA

APRIL 8: PRAYING THROUGH THE HURT

APRIL 16: DEATH AND DYING, AND PRAYING WITH  
JESUS IN THE GARDEN

## Contact Information

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# St. Matthews Lutheran Church

# Lenten Oasis

12:00 Organ Recital  
12:30 Soup Lunch  
Admission: Pay-what-you-can

March 12:  
David Hall

St. Paul's Lutheran, Cambridge

March 19:  
Bradley Moggach

St. Peter's Lutheran, Cambridge

March 26:  
Angus Sinclair

St. John the Evangelist Anglican, Kitchener

April 2:  
Kathleen King Martin  
First United, Waterloo

April 9:  
Mark Himmelman  
Church of the Holy Saviour, Waterloo

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519-742-0462

TAKE A *breath*

# 2025 MID-WEEK LENTEN WORSHIP

2 UNITED CHURCHES & 2 LUTHERAN CHURCHES + 1 ANGLICAN PRIEST

## First United Waterloo



Worship 7:00 pm

TUES  
MARCH  
**25**

Presider: Rev. Hoemun Lee

Preacher: Rev. Sebastian Meadows-Helmer

FIRST UNITED CHURCH, 16 WILLIAM ST W, WATERLOO

## St. Matthews Lutheran



Soup Supper 5:00 pm

Worship 7:00 pm

Holden Evening Prayer

WED  
APRIL  
**2**

Presiders: Rev. Brenda Torrie

Rev. Carey. Meadows-Helmer

Preacher: Rev. Mario Hryniewicz

ST. MATTHEWS LUTHERAN CHURCH , 54 BENTON ST, KITCHENER



ST. PAUL'S LUTHERAN  
CHURCH, BRIDGEPORT





# St. Matthews Lutheran Church

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