



St. Matthews Lutheran Church

WHERE COMMUNITY GATHERS AND GROWS

July 21, 2024

Pentecost 9/ Seven Sacred Teachings: Love (Eagle)

Sunday, July 21, 2024

(* indicates the assembly stands)

Gathering

Prelude	<i>"Sonata in C major: Fugue (Part 3)"</i>	J.S. Bach
Words of Welcome & Service Announcements		
*Hymn 720		<i>"We Are Called"</i>
*Greeting		
*Prayer of the Day		
*Song (see page 4)		<i>"Seven Sacred Teachings"</i>
Solo	<i>"Frühlingsglaube"</i>	Franz Schubert

Word

First Reading		Jeremiah 23:1-6
Psalm 23 (see page 4)		<i>(read responsively)</i>
Second Reading		Ephesians 2:11-22
*Gospel Acclamation	<i>"Alleluia!"</i>	p. 205
*Gospel Reading		Mark 6:30-34, 53-56
Sermon		
*Hymn of the Day 631		<i>"Love Divine, All Loves Excelling"</i>
*Apostle's Creed		p. 217
Solo	<i>"Er ist's"</i>	Robert Schumann
*Prayers of the People (see page 5)		

*Peace

Thanksgiving

*Hymn of Thanksgiving 840, v.1		<i>"Now Thank We All Our God"</i>
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*Thanksgiving for the Word

*Lord's Prayer (*Our Father in heaven...*)

p. 221

Sending

General Announcements

*Blessing

*Hymn 807

"Come, Thou Fount of Every Blessing"

*Dismissal

A: Thanks be to God.

Postlude

"Fugue in C major BWV 953"

J.S. Bach

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Mark's gospel makes clear how great is the press of the crowd, with its countless needs to be met, on Jesus and his disciples. Yet in today's gospel Jesus advises his disciples to get away and rest, to take care of themselves. Sometimes we think that when others are in great need we shouldn't think of ourselves at all; but Jesus also honors the caregivers' need. We are sent from Christ's table to care for others and for ourselves.

Church Fire Plan For everyone's awareness, a copy of the Church Fire Plan for safe exit from the Sanctuary appears in the back of the worship books. Please take a moment to review for your own safety. The AED and a first aid kit are in the hallway by the office.

Seven Sacred Teachings



Cre - a - tor gives us sa - cred_ teach - ings:



1. Wis - dom a - lights from the east to keep us whole.
2. Love warms us all from the south to keep us whole.
3. Re - spect shines forth from the west to keep us whole.
4. Bra - ve - ry blows from the north to keep us whole.
5. Ho - ne - sty falls from a - bove to keep us whole.
6. Hu - mi - li - ty, from be - low to keep us whole.
7. Truth guides us all from with - in to keep us whole.

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Psalm 23

¹The LORD¹ is my shepherd;
I shall not¹ be in want.

²The LORD makes me lie down¹ in green pastures
and leads me be-¹side still waters.

³You restore my¹ soul, O LORD,
and guide me along right pathways¹ for your name's sake.

⁴Though I walk through the valley of the shadow of death, I shall¹ fear no evil;
for you are with me; your rod and your staff, they¹ comfort me.

⁵You prepare a table before me in the presence ^l of my enemies;
you anoint my head with oil, and my cup is ^l running over.

⁶Surely goodness and mercy shall follow me all the days ^l of my life,
and I will dwell in the house of the ^l LORD forever.

Prayers of the People

Triune God – help us to lead with love. Help us to choose love when the world calls us to hate. Help us to have grace, patience, compassion, and empathy for those who may think and act differently than we do so that we may come together. God of strength,

Teach us to show love like the Eagle.

Triune God – help us to love creation through caring for the planet. Help us to think critically about the everyday choices we make that contribute to the pollution of the air, the water, and the soil that we all share and the ways our actions impact local plants, animals, and people. Put it on our hearts dear Lord to be better stewards of Your creation. God of peace,

Teach us to show love like the Eagle.

Triune God – remind us to love our siblings in Christ the way we think to love our immediate family. Help us to remember that those in our own communities and all across the world who are experiencing homelessness, hunger, war, illness, poverty, oppression, abuse amongst other struggles are not strangers through you. God of peace,

Teach us to show love like the Eagle.

Triune God – Remind us to love by thinking of how our actions, decisions, and plans today will affect the next 7 generations to come after us. Help us to have the foresight to balance the needs of today with the wellbeing of the future. God of balance,

Teach us to show love like the Eagle.

Triune God – help us to love selflessly. Remind us to love one another the way you love us. May we not hoard the gifts we have been blessed with but live with generous hearts and share the wealth of creation that you have given for us all. God of balance,

Teach us to know love like the Eagle.

Triune God – Help us to see the ways we are loved. Remind us that Your love for us is unending. Even in our darkest days, there is nothing we can do to change this and that You have created us for a reason. Help remind us to love ourselves the way You love us. God of love,

Teach us to know love like the Eagle.

Triune God – you are the lover who begets us, the beloved who befriends us, the love who beholds and enfolds us. You give yourself in covenantal love to the whole cosmos so that all creation is blessed by you – you who shelters us under your wings and raises us up with wings like eagles. All praise to you holy one in three – love in eternity and love in this time and place.

Thank you, God of love.

Amen

All Resources from the Eastern Synod Circle for Reconciliation and Justice <https://easternsynod.org/circle-for-reconciliation-and-justice/>



JOIN OUR MAILING LIST

Get the newsletter and email updates on upcoming church events, announcements, reminders and service changes.

Contact info@stmattskw.com today!

About the Seven Sacred Teachings

We seek to walk in a good way with our Indigenous neighbours. One thing we can do as faith communities is learn about Indigenous spiritual practices and honour them. Canada's Truth and Reconciliation Commission Call to Action # 60 asks us to do this work, individually and together.

“The teachings in Ojibwe (Anishinaabe) cultures have been traditionally passed down from generation to generation orally through stories and ceremonies. Historically, this was done by the elders who carry the stories and traditions. Today the oral traditions are being shared by those who carry the knowledge of such things. The teachings of all Indigenous cultures encompass the morals, values, structures, ceremonial practices, and spiritual beliefs of the group. These teachings also ensured the survival of the people. The teachings vary from nation to nation, because of the geographical placement of each particular group. However, the sacred teachings commonly come from the same root and share a similar message.”

Of all the North American Indigenous teachings, the Seven Sacred Teachings, also known as Seven Grandfather or Seven Grandmother Teachings, are the most commonly shared from coast to coast. Many Indigenous organizations and communities have adopted the seven guiding principles, in one form or another, as a moral stepping stone and cultural foundation. Each community has adapted the teachings to suit their community values. Despite where the teachings may have originated, they share the same concepts of abiding by a moral respect for all living things.

About the second teaching: Love (Eagle)

The eagle represents love because it has the strength to carry all the teachings. The eagle has the ability to fly highest and closest to the creator and also has the sight to see all the ways of being from great distances.

The eagle's teaching of love can be found in the core of all teachings, therefore an eagle feather is considered the highest honor and a sacred gift.

To know love is to know peace.

View your inner-self from the perspective of all teachings.

This is to know love and to love yourself truly. Then you will be at peace with yourself, the balance of life, all things and also with the creator.



All Resources from the Eastern Synod Circle for Reconciliation and Justice <https://easternsynod.org/circle-for-reconciliation-and-justice/>

Leading Worship Today

Minister and violinist: Rev. Sebastian Meadows-Helmer

Diaconal Minister of Music: Deacon Scott Knarr

Lector: Ivan George

Special Music: Priya Khatri, Soprano and Gavin Yeomans, Piano

Broadcast: Jason Smolak

Building Monitor: Steve Dickin (519-580-8407)

Worship Notes

In our prayers Glennis Koenig, Judy, Clare, Yvonne, Jeanette, Meaghan, Henry, Grace, Maureen and John.

Frühlingsglaube by Franz Schubert

Balmy breezes are awakened; they stir and whisper day and night, everywhere creative.
O fresh scents, O new sounds! Now, poor heart, do not be afraid. Now all must change.

The world grows fairer each day; we cannot know what is still to come; the flowering knows no end.

The deepest, most distant valley is in flower. Now, poor heart, forget your torment.
Now all must change.

Er ist's by Robert Schumann

Spring is floating its blue banner on the breezes again; Sweet, well-remembered scents
Drift portentously across the land.

Violets, already dreaming, will soon begin to bloom. Listen, the sound of a harp! Spring,
that must be you! It's you I've heard!

Important Information for today's worship

- **Offering:** Please place your offering in one of the offering plates in the Narthex (entranceway) upon entering. The offering plates will be presented at the High Altar during the service.
- **The Peace:** We support people's choices for passing of the peace.
- **Exiting:** At the end of the service, please remain in place until the end of the postlude.
- **Downstairs Washrooms** can be accessed via any of the staircases. There is one wheelchair accessible washroom, and the rest are all-gender washrooms. A further all-gender washroom is also available via the west stair tower door (front left of the Sanctuary) on the same level. Turn right at the hallway.

Space for your notes on today's service, for your personal reflection.

General Announcements

Lieder Art Song Festival Recitals on Friday, July 26 and Saturday, July 27 at 7 pm at St. Andrew's Presbyterian Church. Freewill donations accepted. See poster for further details.

Contact Information

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